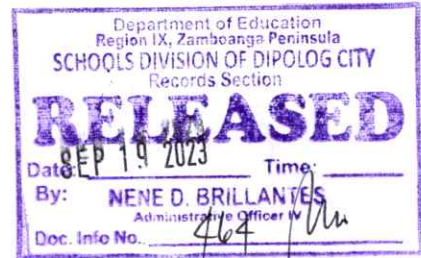




Republic of the Philippines
Department of Education
REGION IX – ZAMBOANGA PENINSULA
SCHOOLS DIVISION OF DIPOLOG CITY



September 19, 2023

DIVISION MEMORANDUM
No. 764, s. 2023

MENTAL HEALTH MONTH CELEBRATION

TO: **JOSELITO S. TIZON – ZNNHS**
VIRGINIA E. TAGAB – ZNNHS-Turno
All School Health and Nutrition Personnel
This Division

1. In view of the upcoming **Mental Health Month Celebration** in October, the **Department of Health – Zamboanga Peninsula Center for Health Development (DOH-ZPCHD)** will be organizing an event aimed at raising awareness and promoting mental health and well-being among high school students in our region.
2. Anent this, Dipolog City Division is chosen to hold the main event of the celebration in which **Zamboanga del Norte National High School** is selected to conduct a simultaneous *mental health advocacy* on the **4th of October, 2023**. This activity is anticipated to accommodate a total of 200 students, with 179 participants from Zamboanga del Norte National High School and the remaining 21 students from Zamboanga del Norte National High School - Turno.
3. Your dedication and enthusiasm are the key to making this event successful. Together, we can raise mental health awareness and create a supportive environment for our students.
4. For reference see attached letter dated August 22, 2023.
5. Immediate dissemination of this Memorandum is hereby directed.


MA. LIZA R. TABILON, EdD., CESO V
Schools Division Superintendent



Address: Purok Farmers, Olingan, Dipolog City
Email: dipolog.city@deped.gov.ph
Website: www.depeddipolog.net
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Republic of the Philippines
DEPARTMENT OF HEALTH
ZAMBOANGA PENINSULA - CENTER FOR HEALTH DEVELOPMENT
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Email: dohchdp@yahoo.com, Web: www.doh.gov.ph



August 22, 2023

DR. RUTH L. FUENTES, CESO IV
OIC-Regional Director
Department of Education
Regional Government Center, Balintawak, Pagadian City



ATTENTION: DR. ROY C. TUBALLA, JR., CESO VI
Schools Division Superintendent, Zamboanga del Norte

DR. JEANALYN A. ALEMAN, CESO VI
Schools Division Superintendent, Zamboanga del Sur

DR. VIRGILIO P. BATAN, JR., CESO VI
Schools Division Superintendent, Zamboanga Sibugay

Dear Dr. Fuentes,

Greetings!

The Department of Health-Zamboanga Peninsula Center for Health Development (DOH-ZPCHD) would like to formally convey our intent to collaborate with the Department of Education (DepEd) in organizing the Mental Health Month Celebration this coming October. The aim of this event is to raise awareness and promote mental health and well-being among high school students in the region.

As part of the celebration, we plan to hold a main event in Dipolog City, Zamboanga del Norte, that will serve as the highlight and culmination of the Mental Health Month Celebration. Prior to this main event, we are excited to conduct one-day, simultaneous mental health advocacy activities in selected schools in the three provinces.

The selected school will host an advocacy activity that will accommodate 200 students of each province. The DOH- ZPCHD in collaboration with the Provincial DOH Offices will be responsible for coordinating and facilitating the activities. The event will consist of fun games and engaging activities centered around Mental Health. The selected schools are as follows as predetermined by our Provincial DOH Offices:

1. **Pagadian City National Comprehensive High School**, Barangay Banale, Pagadian City, Zamboanga del Sur
2. **Zamboanga del Norte National High School**, General Luna Street, Dipolog City, Zamboanga del Norte
3. Senior High School in Diplahan, Zamboanga Sibugay (to be identified)

The planned date for these simultaneous activities is October 4, 2023. This collaboration aims to promote the well-being of our youth and raise awareness about the importance of mental health and we believe that your support will significantly contribute to achieving these goals.



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Should you have any inquiries or require further information, please do not hesitate to contact Mr. Kengchay Lao, Senior Health Program Health Officer at (0936) 8761544.

Thank you and more power,

Very truly yours,

JOSHUA G. BRILLANTES, MD, MPH, CESO IV
OIC-Director IV

cc: Dr. Jane L. Jaug
DMO V, PDOHO Zamboanga del Norte

Dr. Agnes E. Fernando
DMO V, PDOHO Zamboanga del Sur

Dr. Herbert WS. Saavedra
DMO V, PDOHO Zamboanga Sibugay

C3: amga/rllb/ksl/kmbo