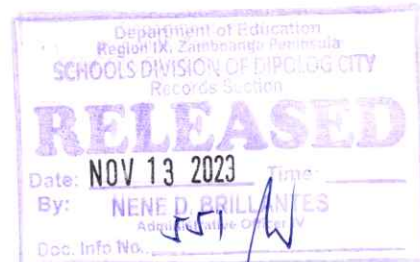




Republic of the Philippines
Department of Education
 REGION IX – ZAMBOANGA PENINSULA
 SCHOOLS DIVISION OF DIPOLOG CITY



September 13, 2023

DIVISION MEMORANDUM

No. 557, s. 2023

TRAINING FOR PEER FACILITATORS AND GUIDANCE COUNSELOR/ADVOCATES ON THE IMPLEMENTATION OF THE HEALTH PROMOTION PLAYBOOK: PEER SUPPORT GROUPS FOR THE YOUTH

**TO: Select Peer Facilitators and Guidance Counselors/Advocates
 Concerned Public School Principals/Heads
 This Division
 All Other Concerned**

- In view of the implementation of the **Health Promotion Playbook: Peer Support Groups for the Youth (15-24 years old)**, the Zamboanga del Norte Provincial Health Office Health Promotion Unit (ZN-PHO HPU) through the Peer Support Group Oversight Committee (PSGOC) will be conducting a series of activities that aims to serve as an early intervention to mental health problems among the youth in the province. Efforts in promoting mental health among adolescents aim to empower them in regulating their emotions, offer alternatives to risky behaviors, cultivate resilience for challenging situations, and encourage supportive environments and networks.
- The said training will take place on November 16 & 17, 2023 at 7:30 am – 5:00 pm at Plenary Hall, ZN Convention and Exhibition Center, Dipolog City.
- Concerned school heads must identify their Peer Facilitators and Guidance Counselors/Advocates to participate in the said training as to the number of given slot allotted.
- Anent to this, below are the list of selected schools with the required number of participants:

School	Number of Peer Facilitators for Training	Number of Guidance Counselors/Guidance Advocate for Training
Miputak NHS	2	1
AQUMATSHS	2	1
Cogon NHS	2	1



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Dipolog City NHS	2	1
Galas NHS	4	1
Pamansalan ETHS	2	1
Punta NHS	2	1
Sicayab NHS	2	1
ZNNHS	5	1
ZNNHS-Turno	5	2
Sta. Filomena IS	2	2
Tubod IS	2	1
Cayasan IS	2	1
Gulayon IS	2	1
Sinaman IS	2	1
Upper Dicayas IS	2	1

5. For your guidance and reference please see attached letters dated October 27, 2023.
6. Immediate dissemination of this Memorandum is hereby directed.


MA. LIZA R. TABILON, Ed.D., CESO V
Schools Division Superintendent



Republic of the Philippines
PROVINCE OF ZAMBOANGA DEL NORTE
OFFICE OF THE PROVINCIAL HEALTH OFFICER
Provincial Capitol Building, Dipolog City
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October 27, 2023

MA. LIZA R. TABILON, EdD, CESO V
Schools Division Superintendent
Dipolog City Schools Division
Purok Farmers, Olingan, Dipolog City

Attention: **DR. CLEES PAUL Z. TABILIRAN**
Dentist II Head - Health & Nutrition Section

Dear Dr. Tabilon,

Greetings!

The Zamboanga del Norte Provincial Health Office Health Promotion Unit (ZN-PHO HPU) through the Peer Support Group Oversight Committee (PSGOC) is currently implementing the **Health Promotion Playbook: Peer Support Groups for the Youth (15 – 24 years old)** within the province to serve as an early intervention to mental health problems among this population.

Mental health promotion and prevention for adolescents aim to strengthen an individual's capacity to regulate emotions, enhance alternatives to risk-taking behaviors, build resilience for difficult situations and adversities, and promotes supportive social environments and social networks.

A series of capacity building activities is penciled in the upcoming days. A **Training for Peer Facilitators and Guidance Counselors/Advocates** at the **Plenary Hall, ZN Convention & Exhibition Center, Dipolog City** is scheduled on **November 16-17, 2023.**

In this regard, may we respectfully request from your good office to facilitate the identification and invitation of participants from the different schools under your jurisdiction. The list of schools and their respective number of participants is attached to this letter.

Hoping for your favorable response to this request.

Thank you very much and God bless!

Respectfully yours,


EDUARDO M. LUAYON, MD, MPH, JD
Provincial Health Officer II *PL*

	SCHOOL	DESCRIPTION	Number of Peer Facilitators for Training	Number of Guidance Counselor/Guidance Advocate for Training
1	Miputak NHS	PURELY JHS	2	1
2	AQUMATSHS	SECONDARY (GR7-12)	2	1
3	Cogon NHS	SECONDARY (GR7-12)	2	1
4	Dipolog City NHS	SECONDARY (GR7-12)	2	1
5	Galas NHS	SECONDARY (GR7-12)	4	1
6	Pamansalan ETHS	SECONDARY (GR7-12)	2	1
7	Punta NHS	SECONDARY (GR7-12)	2	1
8	Sicayab NHS	SECONDARY (GR7-12)	2	1
9	ZNNHS	SECONDARY (GR7-12)	5	2
10	ZNNHS-Turno	SECONDARY (GR7-12)	5	2
11	Sta. Filomena IS	INTEGRATED (K-GR10)	2	1
12	Tubod IS	INTEGRATED (K-GR10)	2	1
13	Cayasan IS	INTEGRATED (K-GR10)	2	1
14	Gulayon IS	INTEGRATED (K-GR12)	2	1
15	Sinaman IS	INTEGRATED (K-GR12)	2	1
16	Upper Dicayas ES	INTEGRATED (K-GR12)	2	1
17	Dipolog Rose of Sharon Academy, Inc	INTEGRATED (K-GR10)	2	1
18	Dipolog Community School	INTEGRATED (K-GR10)	2	1
19	Global Springs of Learning Academy	INTEGRATED (K-GR10)	2	1
20	Metro Dipolog Baptist Academy, Inc.	INTEGRATED (K-GR10)	2	1
21	Obadiah Learning and Development Academy, Inc.	INTEGRATED (K-GR10)	2	1
22	Saint Mary's Academy of Dipolog Inc.	INTEGRATED (K-GR10)	2	1
23	Andres Bonifacio College	INTEGRATED (K-GR12)	2	1
24	Dipolog City Institute of Technology	INTEGRATED (K-GR12)	2	1
25	DMC College Foundation, Inc.	INTEGRATED (K-GR12)	2	1
26	St. Vincent's College Incorporated	INTEGRATED (K-GR12)	2	1

Total number of Peer Facilitator Training Participants: **60 pax**
Total number of Guidance Counselor/Advocates: **28**

Note:

Target participants for Peer Facilitator's Training will be from **Grades 8 – 9** and should be at least 15 years old.