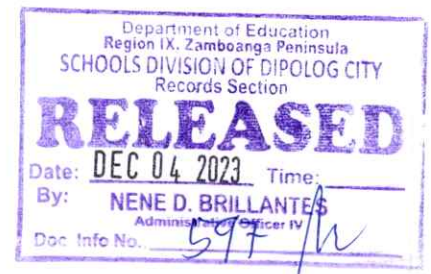




Republic of the Philippines
Department of Education
REGION IX - ZAMBOANGA PENINSULA
SCHOOLS DIVISION OF DIPOLOG CITY



December 4, 2023

DIVISION MEMORANDUM

No. 597, s, 2023

**OKY PHILIPPINES PERIOD TRACKER IN SCHOOLS AS SUPPORT TO
COMPREHENSIVE SEXUALITY EDUCATION DIVISION ORIENTATION**

To: **All Elementary and Secondary School Heads**
School Health and Nutrition Personnel
All Others Concerned

1. Pursuant to the Department of Education Memorandum OUOPS No. 2023-03-8658, the Office of the Undersecretary for Operations (OUOPS), through the Bureau of Learner Support Services - School Health Division (BLSS-SHD) supports the implementation of the **OKY Philippines Period Tracker application in Schools.**
2. The main goal of the *OKY Period Tracker* application is to help and empower Filipino adolescents to confidently manage menstrual period with evidence-based insights and to equip them with accurate information on Menstrual Health Hygiene Management and Adolescent Sexual Reproductive Health.
3. This is a safe application that offers a platform not only for young adolescent girls but also to adolescent boys. It enables access to information about the menstrual cycle, sexual reproductive health and rights, mental health and relationships among other informative topics in an engaging, creative and positive manner.
4. In line with this, this division with the UNICEF through Plan International will be conducting *OKY Philippines Period Tracker in Schools as Support to Comprehensive Sexuality Education Division Orientation* on **December 6, 2023**, Wednesday at the **Dipolog City Training Center, Miputak Dipolog City.**
5. Please refer to *Enclosure 1* for the allocated number of participants per school.



Address: Purok Farmers, Olingan, Dipolog City
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6. For questions and clarifications, kindly contact **Sheila S. Quimpo**, Nurse II at **0950-800-7228**.
7. Immediate dissemination of this Memorandum is highly desired.


MA. LIZA R. TABILON, EdD, CESO V
Schools Division Superintendent



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Enclosure 1

School	Participants	No. of Participants
Elementary		
Kepiyanan ES	MAPEH Coordinator	1
Linay ES	MAPEH Coordinator	1
Virginia ES	MAPEH Coordinator	1
Cayasan ES	MAPEH Coordinator	1
Virginia ES	MAPEH Coordinator	1
Diwan ES	MAPEH Coordinator	1
Cogon ES	MAPEH Coordinator	1
Pamansalan ES	MAPEH Coordinator	1
Sangkol ES	MAPEH Coordinator	1
San Alfonso ES	MAPEH Coordinator	1
San Jose ES	MAPEH Coordinator	1
Punta CS	MAPEH Coordinator	1
Sta. Cruz ES	MAPEH Coordinator	1
Laoy Olingan ES	MAPEH Coordinator	1
Olingan ES	MAPEH Coordinator	1
Olingan South ES	MAPEH Coordinator	1
DPDS	MAPEH Coordinator	1
	ARH Coordinator	1
Sicayab ES	MAPEH Coordinator	1
	ARH Coordinator	1
Barra ES	MAPEH Coordinator	1
Biasong ES	MAPEH Coordinator	1
MECS	MAPEH Coordinator	1
	ARH Coordinator	1
Galas ES	MAPEH Coordinator	1
	ARH Coordinator	1



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Magsaysay ES	MAPEH Coordinator	1
Sta. Isabel ES	MAPEH Coordinator	1
Minaog ES	MAPEH Coordinator	1
Dicayas ES	MAPEH Coordinator	1
St. John ES	MAPEH Coordinator	1
Lugdungan ES	MAPEH Coordinator	1
Linabo ES	MAPEH Coordinator	1
Estaka ES	MAPEH Coordinator	1
	ARH Coordinator	1
Turno ES	MAPEH Coordinator	1
	ARH Coordinator	1
Sto. Niño ES	MAPEH Coordinator	1
Secondary		
Pamansalan ETHS	MAPEH Coordinator	1
Cogon NHS	MAPEH Coordinator	1
	ARH Coordinator	1
DCNHS	MAPEH Coordinator	1
	ARH Coordinator	1
Galas NHS	MAPEH Coordinator	1
	ARH Coordinator	1
Miputak NHS	MAPEH Coordinator	1
	ARH Coordinator	1
ZNNHS	MAPEH Coordinator	1
	ARH Coordinator	1
ZNNHS-Turno	ARH Coordinator	1
AQUMATSHS	MAPEH Coordinator	1
	ARH Coordinator	1
Sicayab NHS	MAPEH Coordinator	1
	ARH Coordinator	1
Punta NHS	MAPEH Coordinator	1



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	ARH Coordinator	1
Integrated Schools		
Cayasan IS	MAPEH Coordinator	1
Sinaman IS	MAPEH Coordinator	1
Sta. Filomena IS	MAPEH Coordinator	1
Tubod IS	MAPEH Coordinator	1
UDIS	MAPEH Coordinator	1
	ARH Coordinator	1
Gulayon IS	MAPEH Coordinator	1
	ARH Coordinator	1



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