



Republic of the Philippines
Department of Education
REGION IX - ZAMBOANGA PENINSULA
SCHOOLS DIVISION OF DIPOLOG CITY



June 28, 2024

DIVISION MEMORANDUM

No.____, s. 2024

Annual Physical Examination of Teaching and Non-Teaching Personnel

To : All Public Elementary and Secondary School Heads
All Teaching and Non-Teaching Personnel
All School Health and Nutrition Personnel
All Others Concerned

1. Pursuant to DepEd Memorandum No. 22, s. of 2015 or the **Annual Physical Examination (APE) of DepEd Employees**, all teaching and non-teaching personnel are required to comply their *Form 86 (Health Examination Card)* for Calendar Year 2024 to ensure that all employees are physically fit to perform their duties and functions.
2. In line with this, the following routine diagnostic tests must be complied:
 - a. *Chest X-Ray PA view*
(must be within six months; pregnant women may submit Sputum Exam)
 - b. *Complete Blood Count (CBC)*
 - c. *Urinalysis*
3. Personnel with comorbidity (e.g. *Hypertension, Diabetes Mellitus, Chronic Kidney Disease, Cardiovascular Disease or Heart Problem and etc.*) may opt for additional Laboratory examinations which may be required by their respective attending physicians as deemed necessary.
4. Please note that **Oral Health Record and Form 86/School Health Division (SHD) 4-A** must be updated during the scheduled vital signs taking and dental check-up (please see *Enclosure 1*) prior to the examination of the Medical Officer of any government agency.
5. All required diagnostic test results must be attached to their respective Form 86 records and must be accomplished by **July 26, 2024**.
6. For inquiries and clarifications, kindly contact Dr. Clees Paul Z. Tabiliran - Dentist II/OIC - SHNU at **0930-127-1707**.
7. Immediate and widest dissemination of this Memorandum is highly desired.


MA. LIZA R. TABILON, EdD, CESO V
Schools Division Superintendent



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DISTRICT	DATE	CLUSTER	VENUE
South District	July 3, 2024	CLUSTER A	Punta Central School - Central Clinic
	July 4, 2024	CLUSTER B	
	July 5, 2024	CLUSTER C	
East District	July 8, 2024	CLUSTER A	Estaka Central School - Central Clinic
	July 9, 2024	CLUSTER B	
	July 10, 2024	CLUSTER C	
North District	July 11, 2024	CLUSTER A	Dipolog Pilot Demonstration School - Central Clinic
	July 12, 2024	CLUSTER B	
West District	July 15, 2024	CLUSTER A	Miputak East Central School - Central Clinic
	July 16, 2024	CLUSTER B	

Note: National Learning Camp (NLC) volunteers may come on any scheduled dates as to their convenience.