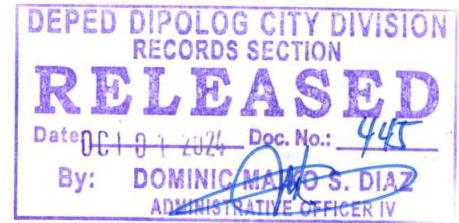




Republic of the Philippines
Department of Education
REGION IX – ZAMBOANGA PENINSULA
SCHOOLS DIVISION OF DIPOLOG CITY



September 30, 2024

DIVISION MEMORANDUM

No. 445, s. 2024

MONTHLY RACES FOR ATHLETICS

TO: Assistant Schools Division Superintendent
Chief of the CID & SGOD
Education Program Supervisors
Public Schools District Supervisors
Public Elementary and Secondary School Principals/Head Teachers
All Others Concerned
This Division

1. In preparation for the 2025 ZPRAA Meet to be held in March, 2025, Siocon, Zamboanga del Norte the Youth Sports Development Council (YSDC), Dipolog Road Runners and DepEd Dipolog City will conduct **Monthly Races** every last Saturday of the month starting October 30, 2024.
2. The competition will be conducted at the Dipolog Multi Sport Training Center of Dipolog Sports Complex, Olingan, Dipolog City.
3. Participating athletes must be physically fit and must secure medical certificate. Parental/guardian consent with waiver of liability is also required.
4. The office will be requesting the City Mayor for a free issuance of medical certificate at the City Health Office.
5. Each school is requested to send participants for this purpose.
6. Cut- off date of birth of the participants is **January 01, 2012** for the **elementary** and **January 01, 2007** for the **secondary**.
8. Expenses relative to the conduct of this activity is chargeable against local/canteen/PTA funds subject to the usual accounting and auditing rules and regulations.
9. All teaching and non-teaching personnel who will be involved in this activity will be given service credits/COC equivalent to the number of days served.



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10. Hereunder are the teaching and non-teaching personnel who will assist in this competition;

Chairman: EPS Ronillo S. Yarag	- DSO
Members : EPS Jesse P. Samaniego	- EPS, MAPEH
SP Jonald L. Noli	- Athletic Manager
SEPS Luisiano S. Murro, Jr.	- Asst. Athletic Manager
Atty. Chanler O. Ruiz	- YSDC
PSDS Olalio D. Delos Santos	- Tournament Manager
Mr. Reymarc Paligutan	- Technical Official
Mr. Kevin Ian Albon	- Technical Official
Ms. Letecia L. Empeynado	- Technical Official

11. For immediate dissemination.


MA LIZA R. TABILON EdD, CESO V
Schools Division Superintendent

Encl. as stated

Reference: Letter of Judge Chandler O. Ruiz

To be indicated in the Perpetual Index under the
Following subjects;

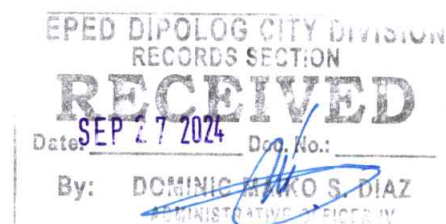
Sports Activities Physical Fitness Competition

Barangay Turno
Dipolog City

September 27, 2024

DR. MA. LIZA R. TABILON, CESO V
Schools Division Superintendent

City Schools Division of Dipolog
Olingan, Dipolog Cit



Through: **DR. RONILLO S. YARAG**
EPS for SGOD
Division Sports Officer
City Schools Division of Dipolog

Dear SDS Tabilon:

In preparation for the 2025 ZPRAA Meet to be held sometime in March 2025 in Siocon, Zamboanga del Norte, the undersigned, in coordination with Dipolog Road Runners, a running club in the City, has come up with a program to motivate our elementary and secondary students to seriously train in athletics.

The program involves the conduct of **monthly races** on the last Saturday of every month starting October 30, 2024. Minimal cash prizes will be awarded the top three performers in every event provided they achieve the time and distance standards set by the organizers. The standards will be much lower than those set for the ZPRAA and Palarong Pambansa Meets but will be observed to make sure that only the deserving athletes receive the cash prizes.

The cut-off birth years for elementary and secondary players are 201²⁶~~1~~ and 2007, respectively.

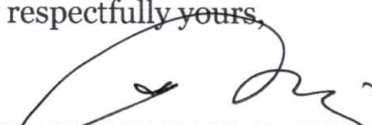
In this regard, we respectfully ask for the support of the City Schools Division by:

- 1) Providing the teachers who will manage the races in addition to the three (3) trainers of the Youth Sports Development Council;
- 2) Disseminating the activity to the district supervisors and principals of both the public and private schools;
- 3) Encouraging them to recruit and send those students who have the potential to be developed as athletes;
- 4) Requiring the participants to submit a medical certificate and parent's consent with waiver of liability; and
- 5) Other concerns the Division may think of and can address.

We look forward to your positive action on this matter.

Thank you very much and here's to a fruitful and productive cooperation between the City Schools Division and the organizers.

Very respectfully yours,


ATTY. CHANDLER O. RUIZ
Adviser, Dipolog Road Runners