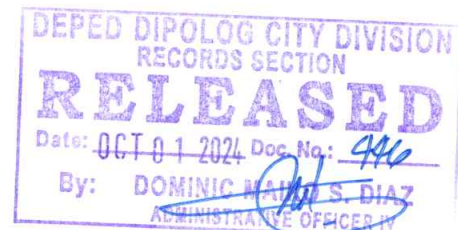




Republic of the Philippines
Department of Education
REGION IX – ZAMBOANGA PENINSULA
SCHOOLS DIVISION OF DIPOLOG CITY



October 1, 2024

DIVISION MEMORANDUM

No. 446, s. 2024

World Mental Health Day Celebration Poster-Making and Singing
Contest: "It is Time to Prioritize Mental Health in the Workplace"

TO: All Public School and Secondary School Heads
All Administrative Officer II
All Project Development Officer I
All School Health and Nutrition Unit
This Division
All Others Concerned

1. In accordance with Republic Act No. 11036, known as the Mental Health Act and Memorandum OM-OUOPS-2024-09-06964, titled "Mental Health Observances 2024" dated August 27, 2024, the Department of Education is tasked with promoting mental health within basic education.
2. In observance of **World Mental Health Day (WMHD)**, with this year's theme: **"It Is Time to Prioritize Mental Health in the Workplace,"** this Division will conduct a series of activities among learners and non-teaching personnel on **October 10, 2024**.
 - **Poster-Making Contest**
 - **Singing Contest**
3. For Poster-Making Contest, all schools with *Grade 11* learners are invited and must identify **one learner** for the **Poster-Making Contest**, which will reflect this year's theme and be created within the school premises. The School Mental Health focal will be tasked in the supervising of the event and shall submit the learner/contestant's output of their respective schools to the Division Training Center on **October 10, 2024**, before **3:00 PM** to give the judges ample time to evaluate the outputs. See *Enclosure 1* for the mechanics.
4. For the **Singing Contest**, each district and the division office shall identify **one non-teaching personnel** as a contestant for the Singing Contest, which will be held at the *Division Training Center, Miputak, Dipolog City*, at **1:00 PM**. The name of the identified personnel must be submitted to our Division Mental Health Focal on or before *October 7, 2024*. Please see attached *Enclosure 2* for the contest mechanics.



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5. Also, as part of this initiative, schools are also required to conduct their own various mental health activities that engage students, staff, and parents. Activities may include workshops, art contests, mindfulness sessions, and awareness campaigns.
6. Additionally, schools must submit a **Post Activity Report** after every activity to the Division Mental Health Focal, detailing their activities, outcomes, and any challenges faced during the implementation process. This reporting not only allows for the sharing of best practices but also helps track the effectiveness of these initiatives in fostering a supportive and informed environment around mental health.
7. Relevant references and materials for these observances will be made available online. Please access them at https://bit.ly/DepEd-SMHP_2024MHObervances.
8. For any inquiries, please contact Gina Fe M. Ramos, RN, Division Mental Health Focal, at 0966-399-7352.


MA. LIZA R. TABILON, Ed.D., CESO V
Schools Division Superintendent



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Competition Guidelines & Mechanics
POSTER-MAKING CONTEST

Contest Proper: 9:00 am – 11:00 am

Mechanics:

1. The Poster-Making Contest is open to all schools with **Grade 11 students** (1 student per school)
2. The contest will be held within the school premises and will be supervised by the School Mental Health Focal.
3. The contest will adopt the theme for this year's World Mental Health Day: *"It Is Time to Prioritize Mental Health in the Workplace."* The poster should visualize DepEd's observance of National Mental Health Week, aimed at promoting and raising awareness about mental health.
4. Contestants must prepare the following materials:
 - a) Illustration board standard 1/2 size (will provided and be delivered)- *Poster should be in landscape format.*
 - b) Art/drawing materials such as pencils, erasers, markers, craypas/oil pastel, cotton/tissue paper. (will be shouldered by the contestant/school)
5. The contestant's name and school must be written or attached at the back of the illustration board.
6. Each contestant shall be given **two (2) hours** to do their artwork. The official contest time is from **9:00 AM to 11:00 AM**
7. School Mental Health focal shall strictly supervise their respective learner contestant during the allotted time to make the output.
8. After the contest ends, the School Mental Health Focal will submit the artwork to the **Division Training Center before 3:00 pm on October 10, 2024.**
9. Winners will be posted at the School Health and Nutrition Concerns messenger account, and the decision of the Board of Judges will be final and irrevocable.
10. There will be three winners for the contest: Champion, 1st Runner-up, 2nd Runner-up.
11. The winning poster, along with all other entries, will automatically become the property of the School Health and Nutrition Unit and may be used for future advocacy activities.

Prizes:

- **1st Prize:** Php 1,000.00 + Certificate of Recognition
- **2nd Prize:** Php 750.00 + Certificate of Recognition
- **3rd Prize:** Php 500.00 + Certificate of Recognition
- **Consolation Prizes:** Certificate of Recognition for non-finalists

Criteria for Judging

- Relevance to the Theme: 30%
- Creativity: 20%
- Originality: 25%
- Color Harmony: 15%
- Visual Impact: 10%
- Total: 100%**



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Competition Guidelines & Mechanics
SINGING CONTEST

Registration: 12:30 pm – 1:00 pm

Contest Proper: 1:00 – 4:00 pm

1. Contestant Eligibility:

- Only contestants who submitted their names ahead on the scheduled date are eligible to join the competition.
- Participants may use musical instruments or pre-recorded accompaniment during their performance.
- Contestants are required to wear appropriate attire that aligns with the theme and nature of the event.

2. Song Selection and Duration:

- Each contestant must prepare **one song** for the elimination round, with a maximum performance time of **5 minutes** and **one song** that aligns with the theme for the final round.
- Contestants may select songs from any genre, provided that the lyrics are free from profanity, inappropriate language, or political undertones.
- The song choice for the final round must align with the theme related to the Mental Health Celebration.

3. Elimination Round:

- The elimination round will determine the top three contestants who will move on to the final round.
- Recognition certificate will be awarded to those eliminated after the elimination round.

4. Final Round:

- The final round will feature the top three contestants, each performing a song that aligns with the theme.
- The winners will be chosen based on their performance in the final round.

5. Judging and Decisions:

- The decision of the board of judges is **final and irrevocable**.
- All winners will receive cash prizes and recognition certificates.

Prizes:

- 1st Prize:** Php 1,000.00 + Certificate of Recognition
- 2nd Prize:** Php 750.00 + Certificate of Recognition
- 3rd Prize:** Php 500.00 + Certificate of Recognition
- Consolation Prizes:** Certificate of Recognition for non-finalists

Judging Criteria:

- Vocal Quality** (Tonality, control, technique) – 50%
 - Style and Performance** (Timing, rendition, delivery, interpretation) – 30%
 - Overall Appeal** (Stage presence, audience impact, costume) – 20%
- Total: 100%**