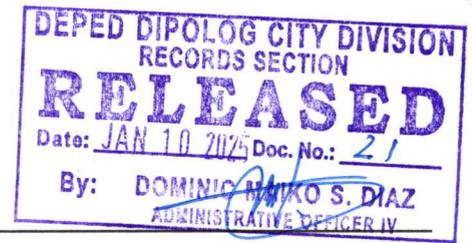




Republic of the Philippines  
Department of Education  
REGION IX – ZAMBOANGA PENINSULA  
SCHOOLS DIVISION OF DIPOLOG CITY



January 08, 2025

**DIVISION MEMORANDUM**

No. 21, s. 2025

**Mental Health First Aid, Referral System and Mental Health Crisis  
Evaluation Tool Training/Workshop for Guidance Counselors and  
Health Personnel**

**TO: All Concerned Public Elementary and Secondary School Heads  
All Health and Nutrition Unit Personnel  
Learners Support Unit  
DRRM Coordinator  
Registered Guidance Counselors  
School Guidance Designates  
This Division  
All Others Concerned**

1. In accordance with Republic Act No. 11036, known as the Mental Health Act, the Department of Education is tasked in promoting mental health within basic education.
2. This Division will conduct a training/workshop "**Mental Health First Aid and Referral System and Evaluation Tool Training/Workshop for Guidance Counselors and Health Personnel**". This training is designed to enhance the skills and knowledge of school guidance counselors/designates and health personnel in supporting students' and personnels' mental health, which will be held on **January 17-18, 2024, at Mibang Hotel, Dipolog City.**
3. Anent to this, below are the list of selected schools with the required number of participants:

School/Office	Number of Participants
Zamboanga del Norte National High School	3
Zamboanga del Norte National High School-Turno	2
Punta National High School	1
Galas National High School	1
Miputak National High School	1
Tubod Integrated School	1
Cogon National High School	1
Upper Diayas Integrated School	1
Gulayon Integrated School	1



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Cayasan Integrated School	1
Sinaman Integrated School	1
Sicayab National High School	1
Sta. Filomena Integrated School	1
AQUMATSHS	1
Galas Elementary School	1
Sta. Isabel Elementary School	1
Barra Elementary School	1
Diwan Elementary School	1
St. John Elementary School	1
Linabo Elementary School	1
Magsaysay Elementary School	1
Dicayas Elementary School	1
Sangkol Elementary School	1
Biasong Elementary School	1
Virginia Elementary School	1
Kepiyanan Elementary School	1
Turno Elementary School	1
San Alfonso Elementary School	1
Laoy Olingan Elementary School	1
Estaka Central School	1
Dipolog SPED Center	1
Miputak Central School	1
Punta Central School	1
Minaog Elementary School	1
Dipolog Pilot Demonstration School	1
Lugdungan Elementary School	1
Sto.Nino Elementary School	1
Sicayab Elementary School	1
Cogon Elementary School	1
Guinsangaan Elementary School	1
Olingan Elementary School	1
Olingan South Elementary School	1
Linay Elementary School	1
Pamansalan Elementary School	1
San Jose E Elementary School	1
Sta.Cruz Elementary School	1
Dipolog City National High School	1
Pamansalan ETHS	1
School Health and Nutrition Unit	11
Youth Formation Unit	2
DRRM	1



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4. Teaching personnel shall be given one-day service credit. Meanwhile, non-teaching personnel shall be given a one-day compensatory time off (CTO).
5. For any inquiries, please contact Gina Fe M. Ramos, RN, Division Mental Health Focal, on 0966-399-7352.

  
**MA. LIZA R. TABILON, Ed.D., CESO V**  
**Schools Division Superintendent**