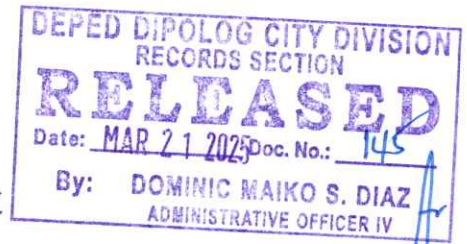




Republic of the Philippines  
**Department of Education**  
REGION IX, ZAMBOANGA PENINSULA  
SCHOOLS DIVISION OF DIPOLOG CITY



March 21, 2025

**DIVISION MEMORANDUM**

No. 145, s. 2025

**Conduct of Simultaneous Height and Weight Assessment and Submission of Nutritional Status Report Endline for SY 2024-2025.**

To: **CID Chief**  
**SGOD Chief**  
**All Public Schools District Supervisors**  
**All Elementary and Secondary School Heads**  
**All Teaching and Non-Teaching Personnel**  
**All School Health and Nutrition Personnel**  
*This Division*

1. In view of the deadline for submission of Nutritional Status Report Endline for SY 2024-2025 set by the Bureau of Learner Support Services-School Health Division (BLSS-SHD), all elementary and secondary schools will have a simultaneous height and weight assessment on **March 24-25, 2025**.
2. For big schools, the activity may last for 2-3 days.
3. Submission of School Nutritional Status Report will be on or before **April 3, 2025**.
4. Kindly check Enclosure No. 1 for the guidance in the conduct of Height and Assessment and Enclosure No. 2 for the composition of Health and Nutrition Personnel/District Technical Working Group.
5. For information and compliance.

**MA. LIZA R. TABILON, EdD., CESO V**  
*Schools Division Superintendent*

SGOD/HNS/EB/DM-Simultaneous Height and Weight Assessment  
March 21, 2025



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**Enclosure No. 1: Guidance in the conduct of Height and Weight Assessment**

1. The School Health and Nutrition Section personnel as Division TWG and the Secondary School nurses as District TWG will *randomly* visit schools both in the elementary and secondary during the schedule of the Height and Weight Assessment on **March 24-25, 2025**. The verification of actual measurement and checking of the data taken by the MAPEH teachers with the assistance of the class advisers will be done by the School Nutritional Status Coordinator, School SBFP Core Group and Health and Nutrition Section personnel.
2. The School NS Coordinator will be assisted by the SBFP School Focal Person together with the respective class advisers during the weighing of pupils and students. There will be a separate Focal person for SBFP and Nutritional Status Reports especially in big schools.
3. The class adviser consolidates the data and submits the report to the Grade Leader/School NS coordinator for the final consolidation.
4. The NS Report shall be submitted five (5) days after the conduct of the Height and Weight assessment to the assigned District Nurse for verification and finally forwarded to the Division NS Focal Person.

**Enclosure No. 2**

<b>Health and Nutrition Personnel/District Technical Working Group</b>	
<b>North District</b>	Cielidel V. Timosa Clees Paul Z. Tabiliran Jeffrey Bolingkit
<b>South District</b>	Jo-Ann Borbon Geilou Yabres Sheila Quimpo Theresa Mae Kristyl M. Jacinto
<b>East District</b>	Jan Rina N. Bitancor Chris Rey VIII A. Herrera Gina R. M. Ramos
<b>West District</b>	Emmanuel F. Bacaltos Julie Ann Myla P. Ricafort Jayrick C. Balagbagan