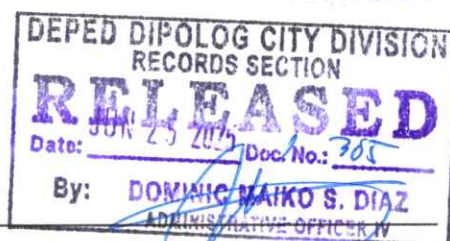




Republic of the Philippines
Department of Education
REGION IX – ZAMBOANGA PENINSULA
SCHOOLS DIVISION OF DIPOLOG CITY



June 24, 2025

DIVISION MEMORANDUM

No. 305, s. 2025

BATANG DIPAG HEALTH SUMMIT 2025

To: Chief Education Supervisors
Public Schools District Supervisors
Schools Governance and Operations Division Personnel
Secondary School Principals
Guidance Counselors/Teacher-Advocates
Select Student-Leaders
This Division

1. In support of the effective implementation of the Department of Education – Bureau of Learner Support Services' **Oplan Kalusugan (OK sa DepEd)** initiative, particularly its focus on **Adolescent Reproductive Health and Mental Health**, this Division will conduct its first-ever **Batang Dipag Health Summit** on **July 3–4, 2025**, at the **4th Floor, Francesca Ballroom, Top Plaza Hotel, Dipolog City**. This pioneering event will bring together learners from public secondary schools across the Division, along with key health partners and education stakeholders.

2. With the theme "*Nurturing Minds, Respecting Bodies, and Empowering Dipolognon Youth through the Adolescent Reproductive Health and Peer Navigators Program*," the Batang Dipag Health Summit aims to:

- Enhance learners' awareness and understanding of key issues related to reproductive health and mental well-being, including emotional resilience, self-awareness, consent, and bodily autonomy.
- Build the capacity of student leaders to serve as peer navigators and support systems within their schools by strengthening their leadership, communication, and advocacy skills.
- Equip learners with accurate, age-appropriate knowledge and resources that empower them to make informed, responsible decisions about their sexual health, relationships, and mental wellness.
- Promote healthy, responsible behaviors while reducing risks associated with unprotected sex, sexually transmitted infections (STIs), early pregnancy, and mental health challenges such as stress, anxiety, and depression.
- Empower student leaders to integrate their learnings into meaningful, youth-led advocacy campaigns in their respective school campuses, fostering safe, inclusive, and informed learning environments that champion holistic well-being.



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3. For this convergence, the **official participants** are the Supreme Secondary Learner Government (SSLG) Presidents and Vice Presidents, Prime Navigators, and Guidance Counselors or Guidance Teacher-Advisers, who shall also serve as chaperones. Refer to **Enclosure 1** for the complete list of participants.

4. Snacks and meals will be provided free of charge. However, transportation costs shall be shouldered by the participating schools or coordinated through their Barangay Local Government Unit (BLGU).

5. Transportation expenses incurred in relation to this activity may be charged against the School Maintenance and Other Operating Expenses (MOOE), PTA-VSC (SSLG) funds, Youth Program funds, local funds, or other available sources, subject to the usual accounting and auditing rules and regulations.

6. Should there are no available funds, school heads are encouraged to coordinate and seek assistance from their respective BLGU regarding the logistical transportation of participants, and promptly inform the organizers of any arrangements made.

7. See following enclosures and annexes for your reference:

- Enclosure 1: Official List of Participants
- Enclosure 2: Program Matrix (Days 1 & 2)
- Enclosure 3: Program Management Team
- Annex A: Parent's Consent and Waiver Form

8. For clarifications and inquiries regarding this issuance, all concerned parties are directed to coordinate with the following SGOD Personnel:

Cielbert E. Dondoyano Jr. PDO I, 0956 590 9773	Jan Rina Bitancor-Uy Nurse II, 0909 099 1372
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9. Immediate dissemination of and strict compliance with this Memorandum is directed.


ROSALIO B. CONTURNO PhD

OIC-Assistant Schools Division Superintendent
Officer-in-Charge

For:

MA. LIZA R. TABILON EdD, CESO V

Schools Division Superintendent

Ref.: DO 28, s. 2018

Encl.: Participants, Program Matrix, Parent's Consent

SGOD/LFU/CEDJ

June 24, 2025



Address: Purok Farmers, Olingan, Dipolog City
Email: dipolog.city@deped.gov.ph
Website: www.depeddipolog.net
Facebook: DepEd – Schools Division of Dipolog City



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(Enclosure 1 to Division Memorandum No. _____, s. of 2025)

OFFICIAL LIST OF PARTICIPANTS FOR THE BATANG DIPAG HEALTH SUMMIT
Top Plaza Hotel, Dipolog City | July 3-4, 2025

School	Position	Name	# of Pax
Alberto Q. Ubay Memorial Agro-Tech Science High School	SSLG President	Queneceblee G. Patagoc	4
	SSLG Vice President	Divine Q. Lalim	
	Prime Peer Health Navigator	Louie Angelo M. Sularte	
	Guidance Teacher-Advocate	Elma M. Ello	
Cayasan Integrated School	SSLG President	Kyril Josh N. Oberio	4
	SSLG Vice President		
	Prime Peer Health Navigator	Crystal Maladia	
	Guidance Teacher-Advocate	Mary Jerin C. Maglangit	
Cogon National High School	SSLG President	Christian Rhiey P. Acama	4
	SSLG Vice President	Divine B. Tizon	
	Prime Peer Health Navigator	Micee C. Liao	
	Guidance Teacher-Advocate	Gerson D. Cajocon Jr.	
Dipolog City National High School	SSLG President	Saint Kyle S. Regencia	4
	SSLG Vice President	Lian Rose S. Daymiel	
	Prime Peer Health Navigator	Dan Sherwin L. Catarman	
	Guidance Teacher-Advocate	Daisy Jane R. Gascon	



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School	Position	Name	# of Pax
Galas National High School	SSLG President	Dyn B. Dagooc	4
	SSLG Vice President	Rhea Jane S. Baculod	
	Prime Peer Health Navigator	Jade Ryan M. Artiaga	
	Guidance Teacher-Advocate	Fritz Peñosa	
Gulayon Integrated School	SSLG President	Juliena L. Dumaya	4
	SSLG Vice President	Princess Mae A. Yalon	
	Prime Peer Health Navigator	Jhoem Valencia	
	Guidance Teacher-Advocate	Odette Mitzi O. Ochotorena	
Miputak National High School	SSLG President	Randolf Jay D. Morandarte	4
	SSLG Vice President	Zyra L. Ariston	
	Prime Peer Health Navigator	Rosephil Saladaga	
	Guidance Teacher-Advocate	Irish A. Kilat	
Pamansalan Eco-Tech High School	SSLG President	Joanie N. Bustaliño	4
	SSLG Vice President		
	Prime Peer Health Navigator		
	Guidance Teacher-Advocate	Rolina D. Sandot	



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School	Position	Name	# of Pax
Punta National High School	SSLG President	Kricia Kate P. Agan	4
	SSLG Vice President	Cris Rhea D. Cuenca	
	Prime Peer Health Navigator	Cyzee Rose Saldariega	
	Guidance Teacher-Advocate	Rose Vick E. Talic	
Sicayab National High School	SSLG President	Mayvin Marish J. Peñez	4
	SSLG Vice President	Kristella G. Boligao	
	Prime Peer Health Navigator	Fatima Maetha C. Absari	
	Guidance Teacher-Advocate	Dalla T. Ledio	
Sinaman Integrated School	SSLG President	Princess Mile B. Maghinay	4
	SSLG Vice President	Sheila Mae A. Gomez	
	Prime Peer Health Navigator	Angel C. Omandam	
	Guidance Teacher-Advocate	Rio Krystal M. Woo	
Sta. Filomena Integrated School	SSLG President	Mercury Nephi S. Vermont	4
	SSLG Vice President	AJ Riza B. Portacion	
	Prime Peer Health Navigator	Apple L. Recososa	
	Guidance Teacher-Advocate	Alvin P. Agura	



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School	Position	Name	# of Pax
Tubod Integrated School	SSLG President	Kerb Maria Lyz C. Hamoy	4
	SSLG Vice President	Annafer S. Bitong	
	Prime Peer Health Navigator	Ivy Jean Remolla	
	Guidance Teacher-Advocate	Russel Omandam	
Upper Dicayas Integrated School	SSLG President	Ritchel Elpides	4
	SSLG Vice President	Lovely Rain O. Bantilan	
	Prime Peer Health Navigator	Hannah Keishee B. Panagsagan	
	Guidance Teacher-Advocate	Mylene C. Banagua	
Zamboanga del Norte National High School	SSLG President	Rhianne Kristelle Jane B. Villarama	4
	SSLG Vice President	Christian Jay R. Quisquis	
	Prime Peer Health Navigator	Aliyah Nicole B. Velasco	
	Guidance Counselor	Melissa Mae R. Ebuña	
Zamboanga del Norte National High School – Turno	SSLG President	Elloise Julia A. Necesario	12
	SSLG Vice President	Mary Therese Janine U. Paye	
	Prime Peer Health Navigator	Rolie E. Miranda II	
	Guidance Teacher-Advocate	Leah Dannielle B. Sumondong	
	Campus Ambassadors - BININNEX	Princess Jaliezha L. Cagas Hannah Mae Y. Dela Peña Elenrose Faith R. Fernandez Ashley Nicole B. Iman Lykha V. Laingo Chizka Gale Q. Patagoc John Mark A. Regencia Aliya Zain C. Valduhueva	



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(Enclosure 2 to Division Memorandum No. _____, s. of 2025)

PROGRAM MATRIX FOR THE BATANG DIPAG HEALTH SUMMIT

Top Plaza Hotel, Dipolog City | July 3-4, 2025

DAY 1 – Jul 3, 2025

Time	Activity/Session	Resource Speaker/Facilitator
07:30–08:00	Arrival and Registration <ul style="list-style-type: none">Collect Parent’s Consent	SHNU
08:00–09:00	Preliminaries <ul style="list-style-type: none">DepEd MATATAG AdvocacyNational AnthemOpening PrayerDepEd VMCV & QPS Welcome Remarks Statement of Purpose Message Photo Opportunities	Audio-Visual Presentations Dr. Nur Hussein Jan Rina Bitancor SDS Dr. Ma. Liza R. Tabilon
09:00–10:30	#1 Session – 90 mins. Comprehensive Adolescent Reproductive Health <ul style="list-style-type: none">Importance of Adolescent Reproductive Health EducationAdolescent Reproductive Health Issues	RS: Dr. Benson Panaguiton
10:30–10:45	Health Break	
10:45–11:45	#2 Session – 60 mins. Mental Health for Learners	RS: Mr. Reynald Kyamko RPsy, RPm, RGC, RN, LPT
11:45–01:00	Lunch Break	Prayer before meals: Elloise Julia Necesario DFSSLG Vice President
01:00–01:15	Energizer & Intermission: Galing Kabataan & Wala Ng Iba	BININNEX
1:15-2:15	#3 Session – 60 mins. Gender and Equality	RS: Mr. Reynald Kyamko RPsy, RPm, RGC, RN, LPT



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Time	Activity/Session	Resource Speaker/Facilitator
02:15-3:15	#4 Session – 60 minutes Navigating and Accessing Health Services and Identifying Local Resources Topics: Services offered, Schedule, Contact number, if any, Location <ul style="list-style-type: none"> • CHO/Brgy. Health Center (12 Mins) • City Teen Center (12 Mins) • CCAH (12 Mins) • School clinic (12 Mins) • Guidance Office (12 Mins) 	RS: Donnabelle Mutia, RN Rosie Serina, RN Jan Rina N. Bitancor, RN Jan Rina N. Bitancor, RN Melissa Ebuna, RGC
03:15–03:30	#5 Session – 30 minutes Anti-Smoking Advocacy	RS: Donnabelle Mutia, RN
3:30 – 3:50	Groupings, Assignment, & Meeting Students & Teachers' Roleplay	Facilitator: Cielbert E. Dondoyano Jr.
3:50 – 4:00	Closing Energizer: Galing Kabataan	BININNEX
4:00	<i>End of Day 1</i>	

DAY 2 – Jul 4, 2025

Time	Activity/Session	Resource Speaker/Facilitator
07:30–08:00	Attendance Check	SHNU
08:00–08:30	MOL Preliminaries <ul style="list-style-type: none"> • Nationalistic Song • Opening Prayer • Dance – Galing Kabataan Recapitulation	As assigned during Day 1 AVP Kricia Kate P. Agan DFSSLG Secretary



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Time	Activity/Session	Resource Speaker/Facilitator
08:30– 09:00	Overview of Peer Health Navigation & Online Resources	RS: Jan Rina Bitancor Nurse II
09:00– 10:30	Establishment of Peer Health Navigators Network & Presentation of the Constitution and By-Laws	RS: Cielbert Dondoyano Jr. PDO I
10:30– 11:00	Presentation: Roleplaying by Scenario <ul style="list-style-type: none">• 4 groups, 4 scenarios• 1 scenario per group• 5 minutes per group	Facilitators: Nurse Bitancor and Formator Dondoyano
11:00– 12:00	Workshop: Creating a Directory for DepEd/School-Based Services, Referral to External Facilities, Advocacy Campaign Proposal	
12:00– 01:00	Lunch Break	Prayer before meals: Dyn Dagooc DFSSLG Public Info. Officer
01:00– 01:15	Energizer & Intermission: Zumba & Lagi	BININNEX
01:15– 02:30	Presentation of Outputs: <ul style="list-style-type: none">• Directory and Referral• Advocacy Campaign Proposal GPOA for PHNN activities	Facilitators: Nurse Bitancor and Formator Dondoyano
02:30– 03:00	Personal Reflection and Commitment (Ticket) Collective Commitment by the DFSSLG	Kricia Kate P. Agan DFSSLG Secretary <i>Participant in Davao ARH Convergence last November 2024</i>
03:00– 04:00	Closing and Giving of Certificates Photo Opportunities Closing Remarks	Dr. Nur N. Hussien
4:00	<i>End of Day 2</i> Homebound	



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(Enclosure 3 to Division Memorandum No. _____, s. of 2025)

PROGRAM MANAGEMENT TEAM

Registration	Sheila S. Quimpo Julie Ann Myla P. Ricafort Theresa Krystel M. Jacinto
Documentation	Geilou O. Yabres Gina Fe R. Ramos
First Aid	Clees Paul Z. Tabiliran Sheila S. Quimpo Julie Ann Myla P. Ricafort Theresa Krystel M. Jacinto Geilou O. Yabres Gina Fe R. Ramos
Facilitators	Jan Rina Bitancor-Uy Cielbert E. Dondoyano Jr.
QAME	Luisiano S. Murro Jr.
Emcee	Cielbert E. Dondoyano Jr.



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ANNEX A

PARENT/GUARDIAN'S CONSENT FORM

Name of learner: _____
Date of birth: _____ Sex: _____
Allergies: _____
Blood type: _____

Parent/Guardian's Name: _____
Relationship to learner: _____
Home address: _____
Contact number: _____

Adviser/Teacher's Name: _____
School: _____
Contact Number: _____

Activity: **BATANG DIPAG HEALTH SUMMIT**

Date: Thursday-Friday, July 3-4, 2025

Time: 7:30 a.m. to 4:00 p.m.

Venue: Top Plaza Hotel, Dipolog City

As the parent/guardian of the abovementioned learner, I hereby acknowledge that I have been informed of the details of the off-campus activity and voluntarily and freely elect my child to participate in this off-campus activity. Furthermore, I understand the risks associated with an off-campus activity and agree that the rules and regulations established for the said activity are for the safety and security of the participants, and thus agree to instruct my child or children to obey them.

I also authorize the oversight proponent of the activity to gather and utilize the data and information, including personal information and images, that may arise during the activity, in accordance with the Data Privacy Act of 2012.

Having understood all the aforementioned, I hereby consent to allow my child or children to participate, acknowledging all of the foregoing. I am also solely responsible for providing travel insurance and any expenses for my child or children's participation in the activity.

Parent/Guardian's Printed Name & Signature

Date